



## 2012 BHS Boys Lacrosse Program Overview

**Coaching Staff:** Jack Visco, Head Varsity Coach. Other coaches: Zach Smith, Cody Bludorn, Kris Skotheim and Tom Furhman.

### Season Overview for Varsity and JV Teams

- February 27 - May 26
- Tryouts/Practice: 5:30 pm - 7:30pm Mon- Fri (BHS stadium/ Battle Point) and 10:00 - 12:00 pm Saturdays at BHS stadium
- Schedule: 20 games total, 10 in league. Games held weekdays, plus some Saturdays
- Trip to Portland: April 13 – 15 (Varsity and JV)

### Preseason Practice and Conditioning

- Expectations
- Available activities posted on BILAX website at [www.bainbridgelax.com](http://www.bainbridgelax.com) Look under the Team tab.

### Program Costs

- Registration fee is \$565. Includes: \$510 base fee, US Lacrosse membership/insurance and \$55 uniform fee
- Varsity players incur added expenses (approximately \$150-\$200 for gloves, shorts, socks, shooting shirt)
- Varsity and JV will incur additional expenses for Portland trip

### Registration

- Nov 1 - Dec 16 discounted registration fee: \$565
- Dec 17 - Jan 17 registration fee: \$615
- A three (3) installment payment option is available to all families. Payments are billed automatically. First payment due at registration, 2<sup>nd</sup> payment by February 15th, and 3<sup>rd</sup> payment by March 15<sup>th</sup>.
- Limited scholarships available. Contact Loral Ann Jorza for details.

### BHS Forms

- Online at BHS website: Parent tab/Sports/Athletic Clearance Forms. DUE BY Feb. 24, 2012
- Physicals - Valid for 2 years. Cannot expire before 5/26/12. CHECK THE DATE of your son's last physical
- Code of Conduct required

### Volunteering/Communications/Website

- All parents encouraged to participate Club activities
- Contact information for Board members
- Emails will provide alerts. Check the BILAX website frequently for details.
- Important dates to note: Jan. 28, 2012, Spaghetti Dinner